



PORTLAND CHAPTER

PORTLAND CHAPTER ANNOUNCES FIRST ENDOWED SCHOLAR AWARD

At the 7th Annual Scholar Awards Luncheon, the board of directors of the Portland Chapter announced that it has received a \$200,000 donation to the Endowment Fund. This major gift is a groundbreaking event for the Portland Chapter and will establish our first permanently endowed scholar award. Going forward into perpetuity, one student will receive a \$6,000 scholar award annually. The award recipient will rotate every three years between OHSU and OSU.

The Chapter is immensely grateful for this very generous gift, the first of what we hope will be many more permanently endowed scholar awards.

Many thanks to our donors, Caron and Larry Ogg. Their ongoing support of numerous scholar awards, and their leadership and foresight in establishing this gift, are truly appreciated.



Scholar Notes the Greater Value of an ARCS Scholar Award

For the last six years, first my wife and then I have been ARCS scholars. The generous annual gifts that we have received from ARCS total \$33,000.00. As this is



my final year of ARCS scholarship, I want to try and impart to you, if I can, the impact of ARCS on our careers and family. As you know, science is not a profitable career choice. Aspiring scientists train for years working long hours for limited pay, and perhaps more importantly, receive no retirement benefits...

The added financial security provided by ARCS made us confident in the decision to have our first child, a little girl named Isabel. This added financial security has also created significant career security. Neither of us

feels financial pressure to leave academic research. Thanks to ARCS, our family and career goals need not conflict.

On a larger level, I appreciate what ARCS is doing for the whole of science and research. I believe that graduate training represents a crucial window when scientists are beginning to make decisions about whether they can pursue a career in academic research, with all of its incumbent pitfalls. By providing financial support for trainees at this time, I believe that others will feel free to pursue their academic career goals, benefiting the scientific community as a whole. Thank you ARCS for your contributions to our scientific community, and thank you for your support of my family and my career.

Sincerely,

Ted Braun

Ted Braun is a Portland ARCS Chapter Scholar Molecular and Cellular Biosciences, OHSU

FROM THE PRESIDENT



Since our annual meeting in May, the Portland Chapter has been engaged in three very major endeavors: the Scholar Awards Luncheon, the National website, and our long-range plan. I have some thoughts to share regarding these tasks.

First, every year we wonder how we can sustain the momentum from the previous Scholar Awards Luncheon. With the support of the membership and the leadership of Urmila Ratnam and the scholar awards luncheon committee, we have again exceeded our goals. The words "Thank you" are not enough. Here are a few milestones I'd like to highlight:

- Kudos to our first Einstein Presenting Sponsor, Hoffman Construction/Wayne and Julie Drinkward.
- Our thanks to the 20 foundations, businesses, and individuals who sponsored the luncheon for a record \$53,000 in underwriting. We can never thank them enough for their support.
- Thanks to Ann Carter's assistance, the Portland Chapter unveiled its "Recognizing Genius" brand.
- In just seven years, the Portland Chapter pledged \$1.4 million to 90 scholars at OHSU and Oregon State University.

Next, the new ARCS website project named "Project Mercury" is the largest initiative ever undertaken by ARCS Foundation. There was a very clear and urgent need for ARCS Foundation to develop a highly functional, user-friendly and dynamic web presence to advocate the ARCS mission. Portland was asked to pilot the website for all 17 chapters. Leslie Workman, Jean Josephson, Ann Carter, Shelley Voboril and I spent hundreds of collective hours working with the website developers and providing copy. We have arrived at www.arsfoundation.org. Please take a look and share with your friends.

And last, shortly after the new board was elected in May, we held a retreat in June to revise our long-range plan. Taking these steps is a critical component of good management and governance. Our chapter is seven years old, past the start-up phase and entering into adolescence and growth where we will be creating the framework for maturity and sustainability. It is an exciting time for our chapter! We have identified four goals:

- Increase number of annual scholar awards
- Engage membership to enhance commitment
- Sustain and enhance partnerships with Oregon's leading graduate programs
- Ensure chapter vitality

And now the committees are meeting to define and articulate how we will accomplish the strategies of each goal. The long-range plan will develop the template for the chapter's committee work for the next three to five years. I want to thank my daughter, Lara Cunningham, who led the board through the long-range planning process. And many thanks to the board and the committee members who are developing a long-range plan we can all be proud of. Stay tuned for further updates, and contact me if you would like to become more involved.

The holidays are fast approaching, so I wish each of you a wonderful season with your families.

Warmly,
Caron

IN MEMORIAM: **Joan Shipley**, charter member of ARCS Foundation Portland Chapter, and long-time supporter of the arts in Portland, died of cancer on September 2, 2011. With her husband, John, she received the 2005 Governor's Award for the Arts. Joan was vice-president of Dennis Uniform Manufacturing Co., and had worked in development for Catlin Gabel School and Reed College. Joan served on multiple boards in the metropolitan area. We will miss our friend and fellow ARCS Foundation member. Donations to ARCS in memory of Joan can be sent to ARCS Foundation, P.O. Box 2063, Portland, OR 97208-2063. Joan was 73.

7TH ANNUAL SCHOLAR AWARD LUNCHEON RESOUNDING SUCCESS

The nearly 400 people in attendance for the 7th Annual Scholar Awards Luncheon were abuzz. Guests enjoyed luncheon conversation with the 40 ARCS Foundation Scholars who were being honored. But when the program began, the audience gave their rapt attention to the featured speakers, retired chairman/CEO of Intel, Craig Barrett and ARCS alumna Rebecca Richards.

Dr. Richards shared her recent experience of traveling to Lindau, Germany for a meeting of select young scientists and Nobel Laureates. The themes for the conference were *Educate, Inspire, Connect*, themes that have played a role in her own discovery as a PhD/MD student at OHSU. In her studies Dr. Richards was grateful for the tangible and intangible support from ARCS Portland Chapter.



Dr. Rebecca Richards

"Particularly during those hard times, knowing that there are others who have the same hopes for the future of scientific research and who believe that I can be a part of that bright future is truly a gift," Richards stated. "I give my sincerest thank you to all of the donors, and I hope I can continue to make you proud as I advance in my scientific career." The 100 women of the Portland Chapter are very proud, indeed.

It was clear to all who attended that Dr. Barrett is an avid and compelling advocate for education in the US. He delivered his important life lessons in the form of three fortune cookies. To wit:

1. *The world will always accept talent with open arms.*
2. *A small deed done is better than a great deed planned.*
3. *If you want to win, you have to choose to compete.*

Dr. Barrett asserted that you need an educated work force that can add value to what it does in order to

justify a high standard of living. Furthermore, you need new ideas for the next generation of products, services, companies—these ideas come from investing in research and development. Finally, in his words, "You need the right environment for smart people to get together with smart ideas and do something wonderful—the right environment is largely dictated by government and society—it includes such things as low tax rates, intellectual property protection, venture capital, ease of starting companies, little fear of failure or stigma attached to failing in a new enterprise."

After the 40 scholars (27 from OHSU and 13 from Oregon State University) were recognized and gathered on stage, Sharon Hewitt, ARCS vice president of finance, announced the first gift of a named endowment to ARCS Foundation Portland Chapter from Caron and Larry Ogg. It was an inspired wrap up to an inspirational event.



From left: Urmila Ratnam, Dr. Craig Barrett, Caron Ogg

Chair Urmila Ratnam and her committee showcased the important work of ARCS Foundation Portland Chapter, including crossing the \$1 million mark in scholar awards at OHSU. Einstein Presenting Sponsor Hoffman Construction/Wayne and Julie Drinkward, along with our many other sponsors, helped make this the most financially successful event to date.

Ann Carter

Hí Dolores and Nick!

I've had such a burst of positive energy arising from the luncheon. It's inspiring for me to know that a community outside of academia is interested in supporting research and education, particularly my research and my education. What a gift! And what a dynamic and caring organization to have standing behind me as I begin! Although the focus of the organization's achievements is given in terms of financial support, the more important contribution (to me anyhow) is your interest, support, and ultimate dedication to our success!

Sophía

*Sophia Polasky Lauer, Ph.D. student and ARCS scholar
Oregon State University, College of Forestry*



INTRODUCING OUR NEWEST MEMBERS...



Betty Bell writes:

I was born in Titusville, Pennsylvania and graduated from Allegheny College, where I met my husband Bruce. We lived in New York City and Seattle during his medical education. Since 1967 we have lived in Vancouver, Washington, where my husband started his own neurology group. I received a master's degree in English from Columbia Teachers College and an MALS degree from Reed College. I have taught piano and played in various chamber groups for 35 years, and I go to as many concerts as I can. For the past ten years I have been the literary executor for the late poet and author Mary Barnard. I am on the board of Portland Piano International, enjoy two book clubs, a memoir-writing group, trips to our beach house and visiting our three sons and two grandchildren in New York, Missoula, and Seattle.



Barbara Sage has been in banking in Portland for thirty years. The past fifteen years she has focused on addressing wealth management needs—including deposit solutions, customized credit, investment and risk management. Prior to her current position, Barbara held positions in Commercial and Consumer Lending, Account Receivable Financing and in Branch Operations.

Barbara holds a bachelor's degree from the University of Washington and graduated from the College of Financial Planning. She is a Certified Exemplary Credit Professional, a Certified Financial Planner and holds a Securities License and Insurance License. She is a member of Financial Planning Association, City of Portland Fire and Rescue Oversight Committee (2000 – 2011), City Club of Portland and Multnomah Athletic Club. My husband, Walt Krumbholz, and I moved from Seattle in 1976. Our son, Wokker, graduated from Oregon State University.



Aletha Anderson writes:

I grew up in southern New Jersey, where the state actually earns its nickname “the Garden State.” My journalism degree is from the University of Maryland. I headed to California in my 20s and worked at the Sacramento Bee and Los Angeles Times and eventually met my husband Chris Anderson, who is now publisher of The Oregonian.

The youngest of our children is a senior at the University of California, Berkeley. And our first grandchild resides in Washington state, a reasonable “visit range.” I'm a newcomer to the Portland area. My main volunteering passion for the past 20 years has been Susan G. Komen for the Cure, which thankfully has a thriving affiliate here. Chris and I also love the theatre. ARCS is my new interest and no doubt it will be a terrific learning experience and essential investment in the future.



Lori A. Slaughter is a philanthropy consultant currently serving as the director of development for OHSU's School of Medicine with a special focus on women's health. Prior to joining OHSU, Lori was the regional director of development in the Office of Major Gifts at UCLA, where she helped philanthropists establish endowment funds for scholarships, fellowships, professorships and a variety of campus initiatives. She has also led teams of staff and volunteers in fundraising campaigns for health and human service programs as director of resource development for United Way of Greater Los Angeles. The causes she is most passionate about include education, research, predictive health and fetal programming. In her spare time, Lori enjoys riding her horse, gardening, backpacking, and puttering around on her five acre farm, Nirvana Ranch.



Kate Porter is a native Chicagoan and became an Oregonian in 1986 when she visited Portland and decided to call it home. Her passion is work and travel and she has built her career around these passions. Kate has an extensive background in hotel management, working internationally for the Four Seasons Hotel and Resorts. She continued that career path moving into conference management and now owns her own firm, Conference Solutions, specializing in conference management for associations and international scientific research conferences, promoting programs for young and early career investigators. Kate enjoys giving back to her community and is a major sponsor for the Children's Golf Course Annual Wine and Golf Ball Auction and also provides support for Our House. Kate is married to a native Oregonian, David Porter, who is the Head Golf Professional at Pumpkin Ridge Golf Club.

ACHIEVEMENT REWARDS FOR COLLEGE SCIENTISTS FOUNDATION, INC.

Lara Cunningham has been with Waldron & Company for fifteen years, and she is responsible for the branch's strategic direction, growth, business development activities, consulting services design and delivery, and day-to-day operations oversight. She is an experienced executive coach, executive search consultant and career consultant. Lara has a passion for workforce and leadership development issues and takes pride in helping people and organizations realize their full potential. She has also served on many committees and task forces for non-profit organizations that focus on issues relating to education, at-risk youth, arts and culture, children's and workforce development issues. Lara holds a bachelor's degree from Washington State University. She is married to Michael Cunningham: they have two daughters, Alexa and Kate. As a family they like going to the park, movies and finding new restaurants.



Susan Price was born and raised in Buffalo, NY. Her business career began at the Courier Express newspaper. Susan moved to Phoenix, Arizona in 1977 where she served as the human resources director for the law firm of Lewis and Roca. Susan married Allan Price in 1982. Community service, writing and art are her passions. Susan has served on a variety of boards and committees over the years. She enjoys writing humorous essays and conducted women's writing workshops in Phoenix. Since moving to Oregon in 2001, Susan shifted her focus to art. Today she works out of her in-home fused glass studio in Portland's southwest hills. Susan and Allan have two sons and three grandchildren who all reside Arizona. Susan's interest in ARCS not only stems from the Chapter's mission and reputation but is also the result of the enthusiastic members she has met. She looks forward to her involvement with ARCS.



Julie Furnary is originally from Pennsylvania and has lived in Portland with her husband Anthony (Tony) for the past 18 years. Tony is a cardiothoracic surgeon. Julie is a full time mother to their four children Alicia, James, Siobhan and Tristan. She serves on the Ruth Spear Breast Center board and just completed a six year term on the Oregon Symphony board. She is a CASA (Court Appointed Special Advocate) for children. Julie's skills and special interests include fundraising and event planning, and she looks forward to offering her expertise to ARCS Foundation Portland Chapter.



Thanks to the Blacks for Hosting Our Summer Social



Suzy and Larry Black, our hosts for the July summer social

Challenging metro traffic notwithstanding, we once again enjoyed a beautiful July evening with great food, wine, and conversation, this year in the lovely gardens of Suzy and Larry Black. Truly, the setting could not have been more perfect. Committee members Daisy Housel-Miller, Shelley Voboril, Jean Wills, Caron Ogg, and Jean Josephson planned and orchestrated the event. Thanks also to Ruth Beyer, Muffy Beeler, Nancy Delbrueck, Sharon Hewitt, Nancy Fischer, Ellen Richardson and Deanne Rubinstein for donating wine. This special event provides a great opportunity for members and their husbands to celebrate our chapter's growth and success.

Jean Josephson

Diane Mackenzie and Mary Lou Schrader



Madeline Nelson and James Lafey



Scholars and Donors Celebrate A New Academic Year



Blue and white balloons greeted scholars, ARCS members and spouses at the 7th Annual ARCS Scholar Picnic, September 25th at Gabriel Park. About 70 picnickers welcomed our 13 new scholars from OHSU and Oregon State University, including our first scholars from the OSU College of Forestry and OSU College of Oceanic and Atmospheric Sciences, (COAS). It was a great opportunity for the new scholars to meet returning ARCS scholars, donors and members. Dean of the School of Medicine at OHSU Mark Richardson, Chris Cunningham, chair of the ARCS scholar selection committee at OHSU, and Associate Dean Allison Fryer represented OHSU faculty. Associate Dean Chris Bell of OSU College of Engineering, and COAS Associate

Dean Robert Duncan traveled from Corvallis for the afternoon. President Caron Ogg welcomed the new and returning scholars, members and guests. Though cool and overcast, the weather stayed dry. Sub sandwiches, homemade salads and cookies provided a delicious casual menu for hungry scholars and members. It was a convivial gathering and a great start to the academic year for ARCS Portland Chapter.

Joan Foley



Mark Williamson, Rich Josephson, Chris HolmesParker and Justin Finn.



Scholars gather with Nick and Dolores Orfanakis and Jennifer McCarty



Karen Thiebes, Deanne Rubinstein, Stefanie Narbi and Dick Rubinstein.

snapshots of a few of our first-year scholars



Jeremy Glynn

Biomedical Engineering, OHSU

A Wisconsin native, I enjoy many outdoor activities; including cycling, hiking, telemark skiing and Nordic skiing. I'm especially looking forward to returning to Wisconsin to complete my 7th Birkebeiner, North America's largest ski marathon, in February.



Kevin Murphy

Behavioural Neuroscience, OHSU

Life as a grad student can, at times, impair one's ability to find R&R time. When I do find the time, I like to read (as if I don't do enough reading already as a student), spend time with my girlfriend, and deceive myself into thinking I'm healthy by occasionally exercising.



Tyler Hulett

Molecular and Cellular Biosciences, OHSU

I'm a native Oregonian, and enjoy the outdoors. Some of my favorite things: fishing and hunting back home on the McKenzie River during longer stretches of free time; reading, running, and spending time with friends during the week.



Susan Schnur

College of Oceanic and Atmospheric Sciences, OSU

I like to walk in the park and on the OSU campus, especially now when the leaves are so colorful. I also enjoy exploring the city and countryside by bicycle, taking back roads and as many detours as possible. Another pastime is baking—cakes, cookies, pies and tarts!



Christopher Vaaga

Neuroscience OHSU

I am an avid photographer, and love to shoot both wildlife and nature itself. I particularly enjoy photographing birds, which I suppose makes me a bit of a bird-watcher as well. My favorite photography spots include the San Juan Islands, eastern Washington and local forests.

NOTES ON THE JUNO LAUNCH TO JUPITER

In early August, after accepting NASA's invitation to ARCS members, we headed to Cape Canaveral, Florida to watch the launch of the Juno satellite into orbit around Jupiter.



*Jean Josephson, Elisabeth Lyon,
and Kathleen Ames*

The objectives of the Juno mission include: determining the amount of oxygen the planet holds, whether the planet has a solid core, how the magnetic field is produced, and the depth of Jupiter's colorful banded clouds and spots. Juno is the first solar powered spacecraft to operate so far from the sun. It will first loop our inner solar system, and then, when passing by Earth in the second year, use the planet's gravity to propel it into orbit around Jupiter in 2016.

The Kennedy Space Center was fascinating. We visited excellent exhibits, heard an entertaining talk by Bill Nye, "The Science Guy," and thrilled to a ride on the shuttle simulator!

On the morning of the launch, we boarded buses and headed to the viewing area. Everyone was excited as we watched the countdown on a huge digital clock. The suspense was heightened by three delays, but we got a lot of inside information about the launch from two neighboring

spectators, a man who had worked for NASA on many previous launches and another from the team at the Jet Propulsion Lab that designed the spacecraft. The launch was magnificent.

We enjoyed delicious meals, good company, and time on the beach. What a remarkable experience, a reminder of the importance of educating America's future scientists and of the contribution that ARCS can make. It was a great adventure and a learning experience.



*Kathleen bids farewell to
John Glenn.*

Kathleen Ames, Jean Josephson, Elisabeth Lyon.

Can you say, "Oregon artisan cheese?"



*Dr. Lisbeth Goddik
from OSU*

In September, Oregon State University professor Dr. Lisbeth Goddik explained some of the science and art of making cheese to ARCS members. Dr. Goddik's program at OSU guides local artisan cheese makers in their efforts to bring new cheeses to market. The college is creating a cheese unique to Oregon State University that will be marketed under its own label. And Dr. Goddik brought delicious samples of Oregon artisan cheeses for us to taste.



November Program Explores Changes In Clinical Trials



*Ravi Iyer explains
the function of T cells*

Third-year ARCS scholar Ravi Iyer opened the November program with a fascinating glimpse into the research he is pursuing in the OHSU molecular and bioscience labs. Ravi's latest experiments explore how T cells—part of the human immune system—respond to the cowpox virus. David Dilts, professor and director of clinical research for the OHSU Knight Cancer Institute started his presentation by asking ARCS members to "think outside the box" to solve a puzzle. He explained the importance of thinking creatively when describing his proposal to apply management principles to significantly reduce the time and steps required to open up oncology clinical trials to cancer patients. Dr. Dilts received the 2011 National Institute of Health Merit Award for his research.



*David Dilts discusses the
role of "useful serendipity"
in clinical trials.*

ACHIEVEMENT REWARDS FOR COLLEGE SCIENTISTS FOUNDATION, INC.

MARK YOUR CALENDAR NOW FOR OUR 2012 PROGRAMS

Jan. 5 – Dr. Andrew Ahmann, endocrinologist at the Harold Schnitzer Diabetes Health Center, presents the latest in diabetes research and treatments at the OHSU Center for Health and Healing, 9:30 a.m.

Feb. 7 – Dr. Peter Gillespie and Dr. Frank Warren explore the science of hearing. Learn about cochlear implants and adaptive devices at OHSU Center for Health and Healing, 1-3 p.m.

Mar. 8 – Panel discussion of stem cell research at OHSU Vey Auditorium, Doernbecher Hospital, 7:00 p.m. social and program.

April 10 – Director of Oregon State University Linus Pauling Institute, Dr. Balz Frei, discusses new research on living a long, healthy life at ARCS annual visit to OSU, 9 a.m. - 5:00 p.m.

May 3 – Annual meeting for members at the Town Club, 11:30 a.m.



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ARCS® Foundation advances science and technology in the United States by providing financial awards to academically outstanding U.S. citizens studying to complete degrees in science, engineering and medical research.



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